



TOWN OF WESTFORD  
**BOARD OF HEALTH**  
TOWN HALL  
WESTFORD, MASSACHUSETTS 01886  
(978)692-5509 Fax (978) 399 2558

March 19, 2020

## Westford Resident Tests Positive for Coronavirus (COVID-19)

On Thursday, March 19, the Westford Health Department was notified by the Massachusetts Department of Public Health (DPH) that a resident tested positive for Coronavirus (COVID-19), marking the first positive case for Westford. The case is being handled according to stringent protocols recommended by DPH and the Centers for Disease Control and Prevention (CDC).

Given the growing risks associated with the spread of COVID-19 locally, the Board of Health and Health Department are urging all residents to exercise vigilance in adhering to recommended practices aimed at reducing transmission and lowering the curve. Anyone, even younger people, could have this disease without symptoms and potentially be spreading it to others. We must all do our part.

- **Stay at home if you can** (except to get medical care and shop for essential provisions).
- **Protect our Senior Population. They are still most vulnerable.**
- **Practice social distancing. Keep 6 feet away from others to reduce risk of infection.**
- **Keep kids out of playgrounds.**
- **Avoid all unnecessary travel.**
- **Avoid public transportation and avoid large crowds.**
- **Wash your hands with soap and warm water for at least 20 seconds frequently.**
- **Avoid private gatherings all together.**
- **Wear a mask if you are sick.**
- **Contact the Health Department at 978-692-5509 if your doctor directs you to.**
- **Call 2-1-1 on your phone for additional information.**

Call your healthcare professional if you have a fever, cough, or difficulty breathing, or have been in close contact with a person known to have COVID-19.

For the latest updates and information on COVID-19 please visit the MDPH website: [www.mass.gov/covid19](http://www.mass.gov/covid19) or go to <https://westfordma.gov/covid-19>

You may call the Health Department during normal business hours for any questions regarding COVID-19 at 978-692-5509 Monday-Friday 8:00am to 4:00pm.