

# Introducing URGENT CARE for mental health and substance use.



**NEW!**

## Mental Health & Substance Use Behavioral Health Urgent Care

These outpatient clinics offer expert help for mental health and substance use when it's ***not an emergency, but you can't wait for help.***

### Features:

- ✓ Open longer hours
- ✓ Same or next day appointments
- ✓ Psychiatric medication consults
- ✓ Medication services
- ✓ Expert care when and where you need it

***I'M REALLY STRUGGLING—  
I don't think it can wait.***

***My medication's  
about to run out and I  
NEED A REFILL TODAY.***

***I'M NOT SURE WHERE  
ELSE TO TURN when  
I'm feeling this way.***

***I NEED TO SEE MY PROVIDER,  
but they're closed on weekends.***

**How can I access these urgent care options for mental health and substance use?**

MASSACHUSETTS  
**BEHAVIORAL  
HEALTH  
HELP LINE**



Call or text  
**833-773-2445** TTY: 711  
**MassHelpLine.com/Urgent**

Your care is confidential.



BE6988 EN 0525