



Public Health
Prevent. Promote. Protect.

WESTFORD'S HEALTH DEPARTMENT

GUIDANCE ON CBD/THC FOOD AND BEVERAGES



Both food and beverage products containing THC and CBD are prohibited in Massachusetts.

Businesses in Massachusetts cannot manufacture and sell contained hemp derived CBD and/or THC products.

Federal law prohibits addition of CBD & delta-9 THC to food products because CBD and THC are active ingredients in FDA approved drugs.

Note: Businesses cannot sell carbonated non-alcoholic beverages that has hemp derived CBD and/or THC even with alcoholic beverage retail licenses.

HEALTH IMPACTS & RISKS

- Lack of regulation and thus products often do not have proper evaluation during formulation
- CBD in food and drink can interact with certain medications - such as antidepressants or pain medication
 - Could lead to higher or lower levels of medications in bloodstream

For more information contact Westford Health Department :
978-692-5509 | <https://www.facebook.com/westfordhealth/>
Sources: Massachusetts Department of Public Health & Cleveland Clinic

EXAMPLES OF DRINKS & FOOD THAT CANNOT BE SOLD:



- Gummies
- Snacks
- Carbonated non-alcoholic drinks



For more information regarding medical and adult use marijuana, please contact the Cannabis Control Commission and for more information regarding hemp-derived products, please contact the Massachusetts Department of Agricultural Resources (MDAR).