

Version 1



The CDC's National Health and Nutrition Examination Survey (NHANES) has arrived in Middlesex County!

NHANES, the nation's mobile health survey, is one of the most unique and longest running national survey that monitors the health and nutritional status of adults and children across the United States.

CDC has been conducting NHANES since 1960. NHANES collects data on the health of the people living in the U.S. through health interviews and actual physical exams, providing a complete picture of the health of the nation.

NHANES staff travel across the country in Mobile Exam Centers to reach participants who have been selected for the survey. **Middlesex County is one of several counties selected this year to be part of NHANES. The survey will be in your area for a short time. The NHANES Mobile Exam Center will be in town starting May 30 through August 21, 2023.**

Participation in NHANES is **by invitation only – but if you are invited, PLEASE PARTICIPATE!** For more information visit www.cdc.gov/nhanes call 1-855-958-0631.

Results of NHANES benefit people in the United States in important ways. The survey provides estimates on the prevalence of heart disease, diabetes, hypertension, and many other chronic and infectious diseases.

By finding the health care needs of the nation, government agencies and other organizations can make policies and plan research, education, and health promotion programs that help improve current health status and prevent future health problems. NHANES is taking precautions, as recommended by

the CDC, to keep our survey participants and staff safe. We are following CDC guidelines on social distancing, use of personal protective equipment, handwashing, and sanitation of the Mobile Examination Center and all equipment.

Version 2

The CDC's National Health and Nutrition Examination Survey (NHANES) has arrived in Middlesex County!

The CDC's National Health and Nutrition Examination Survey (NHANES) has arrived in Middlesex County! NHANES is a unique survey conducted by the National Center for Health Statistics (NCHS) that collects data on the health of people living in the U.S. through interviews and physical exams.

NHANES staff travel across the country in mobile examination centers to reach households selected to participate in the survey. Middlesex County is one of several counties selected to participate this year. The survey will be in the area for a short time. **The CDC/NHANES Mobile Exam Center will be in town starting May 30 through August 21, 2023.**

Participation in the NHANES is **by invitation only** – but **if you are invited**, we encourage you to participate! For more information visit www.cdc.gov/nhanes or call 1-855-958-0631.

NHANES is taking precautions, as recommended by the CDC, to keep our survey participants and staff safe. We are following CDC guidelines on social distancing, use of personal protective equipment, handwashing, and sanitation of the Mobile Examination Center and all equipment.

Version 3: The CDC's National Health and Nutrition Examination Survey (NHANES) has arrived in Middlesex County!

NHANES, the nation's mobile health survey, is one of the most unique and longest running national health surveys. NHANES monitors the health and nutritional status of adults and children across the United States. It combines interviews and physical examinations, providing a complete picture of the current health of the U.S.

Middlesex County is one of several counties selected this year to be part of NHANES. The survey will be in the area for a short time. The NHANES Mobile Exam Center will be in town starting May 30 through August 21, 2023.

Important health data for the country depend on the participation of people like you. Your contribution will help identify important health issues and now more than ever we need your help.

Participation in NHANES is **by invitation only** – but **if you are invited, PLEASE PARTICIPATE!** For more information visit www.cdc.gov/nhanes or call 1-855-958-0631.