



September 2018



Jodi Ross,  
Town  
Manager

[jross@westfordma.gov](mailto:jross@westfordma.gov)  
[www.westfordma.gov/tm](http://www.westfordma.gov/tm)  
978-692-5500

**Important:**

Please sign up to receive updates on the latest road construction in town.

[Subscribe to Notifications](#)



**Brush Chipping**  
Saturday, Oct. 13  
10:30AM - 4:30 PM  
Highway Garage  
28 North Street  
See Details on Page 11

**Special Town Meeting**  
Monday, October 15  
7 pm - Abbot School



Watch Meetings Online  
**westford** CAT  
community access television

[www.westfordcat.org](http://www.westfordcat.org)

**Dear Westford residents,**

Thank you to our new Veteran's Services Officer, Ryan Cobleigh, State Representative Jim Arciero, Selectman Vice Chair Andrea Peraner-Sweet, members of our public safety departments, and all attendees for a meaningful memorial service honoring all of those who lost their lives or were impacted by the tragic events of September 11<sup>th</sup>, 2001. Westford will never forget.

Wednesday, September 12th was Pumpkin Day across town. Members of the Westford Community Garden expressed their thanks to town departments by delivering pumpkins grown in the George Fletcher Pumpkin Patch. Town staff helps with registrations, finances, mowing and tilling, water infrastructure, and distribution of food at the food pantry. Thank you to the members of the Community Garden for helping us to decorate our offices with pumpkins to celebrate the coming fall!



Town Meeting is swiftly approaching. Please mark your calendars to join us in the Abbot Elementary gymnasium Monday night, October 15<sup>th</sup>, at 7:00p.m. All warrant articles and motions will be available online at [westfordma.gov](http://westfordma.gov) by October 5<sup>th</sup>, and we will be mailing the special town meeting post cards to each home on October 3<sup>rd</sup>. There are 10 articles on the warrant, which the selectmen will be voting on at their next meeting on September 25<sup>th</sup>.

At the Selectmen's August 28<sup>th</sup> meeting, members of our Permanent Town Building Committee presented an analysis of our school administration office/building needs, as the Millennium building's useful life is possibly nearing an end over the next 4 or 5 years. The committee also updated the board on the parking analysis of the new Center Building, which concluded there is sufficient parking for the building. The board authorized the committee to proceed forward with the schematic design of the building.

The Board of Selectmen also formed a new Town and School Safety Task Force, with members to include: two Selectmen, one School Committee member, one Board of Health member, the Town Manager, Police Chief, Fire Chief, and the School Superintendent. This task force will be reviewing current safety concerns in both town and school departments including: public safety staffing levels, including the usage of school resource officers, employee hiring procedures, facility security, staff protocols, public safety response procedures, additional training requirements, wellness and mental health service availability. It is our intention to come up with a 12-month action plan to present to the board, with the possible recommendation to hire outside consultants to assist us with these issues.

(Continued on next page)

Our Healthy Westford Committee has planned a Nabnasset Trail Community Walk for October 20<sup>th</sup> at 9:00a.m. and again at 10:00a.m. at the Nabnasset School Parking Lot. All are welcome to attend.

The Agricultural Commission is still looking for residents interested in planning for the return of the Farmers Market in 2019. Specifically, they are looking for interested residents who wish to be a part of gathering best practices from nearby farmers markets and local farms. Please send an email to Elizabeth Almeida at [ealmeida@westfordma.gov](mailto:ealmeida@westfordma.gov) if you wish to assist with this process.

I am pleased to announce several new town employees who have recently been hired: Greer Getzen as our Project/Procurement Specialist in the town manager's office, Josh Chase, our new Town Planner, Samantha Gray, our new Building Department Records Supervisor, and Dan Hurd, our new Animal Control Officer. Please join me in welcoming all of these new employees to our town.

The board and I recognized and thanked Terry Stader for serving as our Veteran's Service Officer for the past 8 years. Terry performed in an outstanding manner, servicing our Veterans, and conducting many wonderful Memorial Day, Veteran's Day, 911, and other events for our town. Best wishes to Terry for a relaxing, rewarding, well-deserved retirement. Daniel Provost for serving on the Board of Cemetery Commissioners for over 18 years.

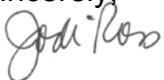
The board and I also will be recognizing Peg Halvorsen, our Assistant Tax Collector, for her over 40 years of service to our town! Peg is retiring September 21<sup>st</sup> and we are holding a retirement party for Peg at 6:00p.m. at the Nabnasset American Legion, 114 Dunstable Road, on Saturday, September 22<sup>nd</sup>. Please stop in and join us to wish Peg a long, happy, healthy, well-deserved retirement.

There are several openings on our local boards and committees, including: 12 North Main Task Force, Affordable Housing Committee, Agricultural Commission, Community Center/Mill Works/Recreation Department Task Force, Cultural Council, Dog Park Task Force, Economic Development Committee, Finance Committee, Healthy Westford Committee, Historical Commission, Parkerville Schoolhouse Committee, Pedestrian Safety Committee, Westford Scholarship and Grant Committee, Zoning Board of Appeals, and others. I urge you to peruse our website for information about the work of these committees; and if you have interest, please complete a Citizen's Activity form at this link: [Citizen Activity Form](#) or stop by and fill out a form in the Town Manager's office.

Would you like more detailed information on Board of Selectmen meetings? Click the following links to access: [Board of Selectmen Documents](#) & [Board of Selectmen Meeting Videos](#).

I hope to see you at Town Meeting!

Sincerely,



Jodi Ross  
Town Manager



## September at the J.V. Fletcher Library

**Our programs are generously funded by the Friends of the J.V. Fletcher Library, Inc.**

**The Friends October Book Sale is on the horizon:** Mark your calendars for the weekend of Friday, Oct. 12, Saturday, Oct. 13 and Sunday, Oct. 14. A Friends Members Only Sale will be held on Friday evening from 6:30 to 9 p.m. A Friends membership (which may be purchased at the door) is necessary for attending the preview sale. The entire public is invited Saturday for an all-day sale, 10 a.m. to 5 p.m. and to the special half price extravaganza on Sunday from 2 to 4 p.m.

**Story Time and Book Club Online Registration:** Although you can always stop by and register in person, online registration [http://www.westfordlibrary.org/pages/JVFletcherLibrary\\_JustforKids/index](http://www.westfordlibrary.org/pages/JVFletcherLibrary_JustforKids/index) is open for these popular programs. Book clubs are open to Westford residents and non-resident Friends of the J.V. Fletcher Library. Book clubs are for grades Kindergarten through grade 5 and meet once a month from 4 to 4:45 p.m. The Mini Masters Art Book Club is for children in grades 3, 4, and 5 and meets one Thursday afternoon a month. The Non-Fiction Book Club is for kids in grades 3 and 4 and meets once a month on Monday afternoon.

**Cookbook Book Club: Thu., Sept. 20 at 7pm.** The Cookbook Club is dedicated to exploring cookbooks and sampling new recipes. This month's choice is *Smitten Kitchen Every Day* by Deb Perelman. If you would like to bring a dish from the cookbook (not required to participate), please contact Sarah Regan in the Information Services Department at 978-399-2309. No registration required.

**Monday Mystery Book Club: Mon., Sept. 24 at 10:30am.** Wake up your week with a stimulating book discussion! We meet on the fourth Monday of the month @ 10:30 a.m. in the Mary Atwood Room. This month's selection is *Dead Woman Walking* by Sharon Bolton. New members are always welcome! Drop in.

**Teen and Tween Make & Take Monday: Paper Crafting with Sherry Hoffman. Mon., Sept. 24 from 3:30 to 4:30p.m.** Full STEAM Ahead! Each Monday Teens and Tweens create and participate in a variety of hands-on activities that include making fun, seasonal crafts and exploring STEAM (Science, Technology, Engineering, Art, and Mathematics) activities. This is a FREE drop - in event for Teens and Tweens entering Grades 5 to 12, registration is not required.

**Epigenetics: Thu., Sept. 27 at 7pm.** Our DNA tells us the color of our eyes, how tall we are, and even if we like broccoli. But does your DNA say everything about you? If one identical twin becomes an astronaut and the other a ballerina, does their biology change? Are they still identical? Epigenetics is the study of the various different switches that can turn parts of your DNA on and off. How your genetic code is read can cause very real differences in your life. This talk will discuss how epigenetics works, how it is researched, and how it is found in everyday life. We will also be touching on topics such as gene editing and biohacking. Come by for a stimulating, interactive discussion about some cutting-edge science! Register online or in the Information Services Department.

**Advanced Snap Circuits and Takeaparts: Fri., Sept. 28 from 3:30 - 4:30 p.m.** We have five exciting Snap Circuits kits to play with: RC Cars, Light, Motion, Arcade, and 3D Illumination. Preregister online. This free program is for children in grades 3 to 5. Register online or through the Youth Services Department.

**Teen and Tween Advisory Board: Sat., Sept. 29 from 3 to 4 p.m.** The Teen (& Tween) Advisory Board is open to Westford students in grades 5-12 who want to share positive ideas, who can listen and work well with others, who will volunteer at programs for children and youths, and who are willing to help the library better serve teens and tweens in our community, and especially to have FUN! If interested, stop by the Youth Services Department, call us at (978) 399-2307, or email Nancy at [nboutet@westfordma.gov](mailto:nboutet@westfordma.gov).

**Ukulele Strum Along: Sat., Sept. 29 from 2 to 3 p.m.** Learn to play by playing! Focusing on 2 and 3 chord songs, this program is for the beginner ukulele player who wants to practice and play music with others. Ukuleles available to borrow, songs are projected onto a screen so no music stands or books necessary. This program is open to adults and teens. Register online or in the Information Services Department to borrow a ukulele, or just drop in with your own.

**Journalism and the First Amendment: Thu., Oct. 4 at 6pm.** Be part of a fascinating discussion about free speech! The New England First Amendment Coalition, the region's leading advocate for the First Amendment, will present a panel discussion with several prominent media and legal experts. Register online or in the Information Services Department.

**Knitting Group:** Our informal knitting group meets in the Mary Atwood Room on the second Monday of every month from 3:00 to 5:00 p.m. AND the fourth Monday of every month from 6:30 to 8:30 p.m. This is a drop-in program that is open to all ages. Bring your latest project and share advice and socialize with other knitters! If you have any questions, please call Sarah Regan at 978-399-2309.

**English Conversation Circle:** The group meets every Tuesday morning from 10:30 to 11:30 in the Mary Atwood Room. Practice your English conversation skills and meet new friends in a relaxed and friendly environment led by Carol Morse. FREE! Registration is not required. If you have any questions, please call Sarah Regan in Information Services at 978-399-2309.

## Westford Community Garden

Wednesday, Sept 12th, was Pumpkin Day across town. Members of the Westford Community Garden expressed their thanks to town departments by delivering pumpkins grown in the George Fletcher Pumpkin Patch. Town staff helps with registrations, finances, mowing and tilling, water infrastructure, and distribution of food at the food pantry.



Health Department



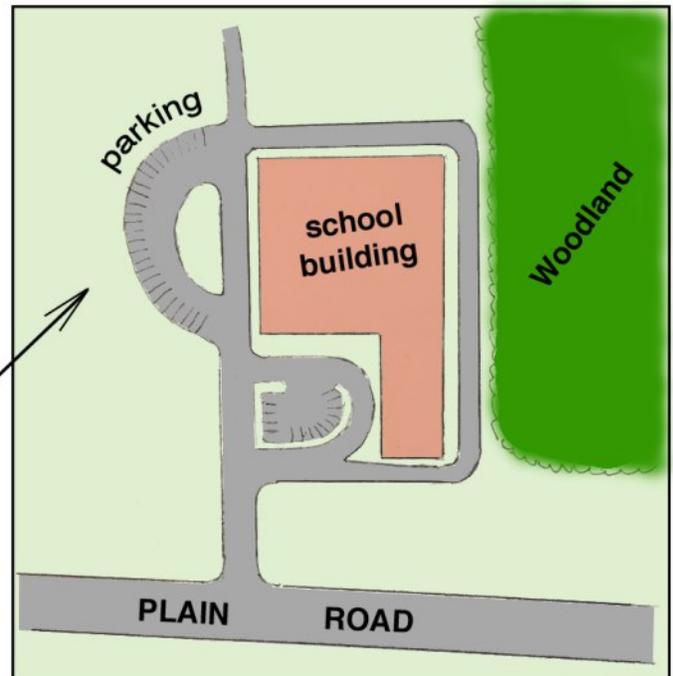
# Come Walk With Us

Explore new  
woodland trails  
at Nab School

Suitable for families  
with young children.

Saturday  
October 20th  
9 AM or 10 AM  
(two walks)

parking for  
Saturday



Trail map on reverse side

Sponsored by

- Healthy Westford Committee
- Westford Recreation Department



For information  
call 978-692-5501



## Health Department (continued)

### Flu Clinic Schedule Westford Residents Only

The Westford Health Department will sponsor flu clinics on the dates, times and locations listed below. No appointments are necessary. \*\* Please note that because of limited pediatric vaccine, we request that those under the age of 36 months receive their vaccine from their MD if possible. All children under 18 years must be accompanied by a parent at all clinics. State supply of vaccine has been greatly reduced so clinics will be held until vaccine is depleted. Please bring insurance information to the clinic as the town can seek reimbursement from insurance carriers.

**Thursday, October 11, 2018: 12:30 -3:30 pm Senior Dose for 65 and Older**

**Location: Franco American Club. Walk-In**

**12:30-1:30 pm: A-H**

**1:30-2:30 pm: I-Q**

**2:30-3:30 pm: R-Z**

### Regular FLU Clinics:

**Friday, October 5: 10:00 am-12:00pm @Fletcher Library Walk-In**

**Tuesday, Oct 16: 6:00-8:00 p.m. @ Millennium School Walk-In**

**Tuesday, Oct 23: 6:00-8:00 pm @ Millennium School Walk-In**

### SCHOOL-BASED FLU CLINIC PROGRAM

**This year we will be providing FLU SHOTS and Flu Mist Nasal Spray to Westford Academy and Middle School Students**

**and Flu Mist ONLY to the elementary schools**

**\*Limited Supply of Flu Mist Nasal Spray is available\***

**School-based flu clinics will** be offered again this year to Westford Academy, Blanchard, Stony Brook Middle School students and elementary school students this fall. Details (including dates and restrictions) will be sent to parents via the WPS Billboard listserv, WPS Superintendent's email, and the Westford Board of Health listserv. Information will not be mailed to the students' homes. **Please register your child on our Westford Health Dept website or call 978-692-5509 for further information.**

- **November 5, 2018 at Westford Academy 7 am (before school), Crisafulli and Robinson elementary schools.**
- **November 6, 2018 at Stony Brook Middle School 7:45 am, Abbot Elementary and Nabnasset Elementary School.**
- **November 7, 2018 at Blanchard Middle School 7:45 am, Norman Day Elementary and Miller Elementary School.**

## Health Department (continued)

**Homebound individuals**, who require a home visit, should contact the Health Department at 978-692-5509 to schedule an appointment.

The Centers for Disease Control and Prevention (CDC) recommends a senior dose vaccine for seniors 65 years and older.

The committee recommended that the **trivalent** formulation influenza vaccines for the U.S. **2018-2019** influenza season contain the following:

- an A/Michigan/45/2015 (H1N1) pdm09-like virus
- an A/Singapore/INFIMH-16-0019/2016 (H3N2)-like virus
- a B/Colorado/06/2017-like virus (B/Victoria lineage).

The committee also recommended that **quadrivalent** influenza vaccines contain the above three strains and the following additional B strain:  
a B/Phuket/3073/2013-like virus (B/Yamagata lineage)

**These vaccines will not prevent illness caused by other viruses. It takes up to 2 weeks or more for protection to develop after the vaccine. Protection lasts about a year. Anyone with an allergy to egg cannot receive this vaccine at one of our public clinics.**

Annual influenza vaccine is recommended for **everyone 6 months of age and older**. Everyone, regardless of prior vaccination, will need to be revaccinated to be protected this year.

People at Increased Risk for Influenza-Related Complications:

All children 6 months through 4 years of age.

All persons  $\geq$  50 years of age.

People 6 months - 18 years of age who are receiving long-term aspirin therapy.

Women who will be pregnant during influenza season and postpartum women.

People  $\geq$  6 months of age who have:

Chronic pulmonary (including asthma), cardiovascular (except hyper-tension), renal, hepatic, neurological, hematologic, or metabolic disorders, including diabetes;

Immunosuppression (including immunosuppression caused by medications or HIV);

Any condition (e.g., cognitive dysfunction, spinal cord injuries, seizure disorders, or other neuromuscular disorders) that can compromise respiratory function or the handling of respiratory secretions or that can increase the risk of aspiration.

Residents of nursing homes and other chronic-care facilities.

American Indians/Alaska Natives

People who are morbidly obese (BMI  $\geq$  40)

To get up to date information during the flu season, visit the Health Department website at [www.westfordma.gov/boh](http://www.westfordma.gov/boh) or sign up for our Health Department listserv at [www.westfordma.gov/subscriber](http://www.westfordma.gov/subscriber) .

### Town Clerk's Corner

The deadline to register to vote for October 15<sup>th</sup> Special Town Meeting is October 5, 2018.

The deadline to register to vote for November 6<sup>th</sup> General Election is October 17, 2018.

### Register to Vote

In order not to be affiliated with a party or political designation, a Massachusetts voter must be registered as "Unenrolled," not "United Independent."

- Register online and save time, visit the [Massachusetts Secretary of State website](#).
- If you wish you may download a [Mail-In Voter Registration Form \(PDF\)](#).
- In person: Town Hall hours: Monday – Friday 8am to 4pm



Would you like to help? Be a part of the election process?

Well we want you!

**Become an ELECTION WORKER!**



Please visit our Website for more information:

[WWW.WESTFORDMA.GOV/CLERK](http://WWW.WESTFORDMA.GOV/CLERK)



**Set Your Radio Preset to Westford Emergency Management's 1630 AM**

**In an emergency tune in to Westford's 1630 AM for local information.**



Conservation Commission

Visit Hill Orchard for all your fruit and veggies!



It is apple picking season at Hill's Orchard. This orchard is owned by the Town of Westford and managed through the Conservation Commission with Farmer Dave. Located at 4 Hunt Road there are two orchards and a farm stand.

The farm stand is open Thursday-Monday from 10-5 with fruits, veggies and more. Pick Your Own Apples is Saturday and Sunday from 10 to 5. Ginger Gold, Macintosh and Gala currently available. For some added family fun Farmer Dave offers hayrides in the orchard at select times.

Recent Trail Finds



Late summer and fall are beautiful seasons to explore the trails in Westford. Many of the town owned conservation properties have well maintained trails suitable for all ages. Westford Conservation Trail books are available for sale at the Town Clerk's Office showing the lengthy network of trails in all parts of town. More information about the trails can be found online at [www.westfordma.gov/1059/Land-Stewardship-and-Trails](http://www.westfordma.gov/1059/Land-Stewardship-and-Trails) and [westfordconservationtrust.org/trails/](http://westfordconservationtrust.org/trails/). Enjoy the outdoors!

## Recycling Commission



**NOTICE: Columbus Day, October 8, 2018, is not a holiday for trash and recycling pickups. They will pick up according to the regular schedule.**

### An Alert from the Westford Recycling Commission

PLASTIC BAGS, empty or filled, are NOT acceptable in recycling bins and totes. Any and all recycling with plastic bags is discarded as trash. Contamination is costly to the town and the hauler.

## Empty. Clean. Dry. The new way to recycle.

**EMPTY** - remove food or product residue.

**CLEAN** - rinse or wash empty containers.

**DRY** - let containers dry before placing in your recycling bin or toter.

\*\*\*\*\*

NEW! Mass DEP **RECYCLE SMART** resources at <https://recyclesmartma.org/smart-recycling-guide/>. Bookmark this page!

“What to Recycle?” and “Can I Recycle This?” and **Recycling FAQ’s** are now online for not only Westford but all of Massachusetts. The major recycling haulers have agreed on a standard list of recyclables.

### STYROFOAM COLLECTION

**Saturday, October 13, 2018, 9 am - 2 pm\***  
**Westford Highway Garage, 28 North Street**

This collection is open to ANYONE or ANY business. No fee. Donations accepted.

ACCEPTED: ONLY Styrofoam #6 packing blocks or sheets, including coolers. Must be white, clean, and without stickers. Pack in plastic bags if possible (can be broken up into pieces).

NOT ACCEPTED: Styrofoam food containers, including cups and trays, and packing peanuts.

\* Collection time will end before 2 P.M. if the truck is full.

Sponsored by the Green Team, Westford First Parish Church United.

## Recycling Commission (continued)

### BRUSH CHIPPING

Saturday, October 13, 2018, 10:30 am – 4:30 pm

Westford Highway Garage, 28 North Street

Proof of Westford residency required.

ACCEPTED: Brush and branches up to 3 inches in diameter and 10 feet in length.

Must be average residential brush categories and reasonable amounts: A load ranges from a trunk to pickup truck -----volume, includes a tow behind a full trailer.

NOT ACCEPTED: Building materials (e.g. fences, boards), land clearing materials and debris (e.g., roots, bushes, anything mixed with poison ivy), grass, and leaves.

Cost: \$10 per load, checks preferred, payable to the Town of Westford.

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## 2018 MINI Household Hazardous Waste Day in Lowell

Saturday, November 17, 2018, is a MINI Household Hazardous Waste Day in Lowell. Open to non-residents who pre-register. Required registration opens a month before the event. Check online for dates, acceptable items, and fees (cash only). Note that non-residents will have additional costs for some items.

<https://www.lowellma.gov/1073/miniHHWD>

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Please visit [www.westfordma.gov/recycling](http://www.westfordma.gov/recycling) for answers

to your recycling and trash disposal questions.

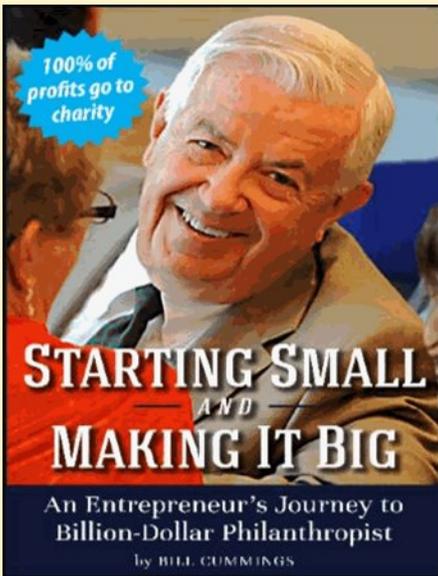
**The Westford Recycling Commission**  
**thanks you**  
**for reducing, reusing,**  
**repurposing,**  
**and recycling!**



## Fall Happenings around the Cameron- Join Us!!

### Coming to Westford a special event open to ALL...

Meet the Author featuring Bill Cummings and his recent new memoir, "Starting Small and Making It Big: An Entrepreneur's Journey to Billion-Dollar Philanthropist." This fabulous event will be held at



**First Parish Church United** located at 48 Main Street on **Wed. October 10<sup>th</sup> at 8:30 AM**. The breakfast will be catered, and Cameron Senior Center participants (up to 60 persons) will be given a complimentary book and have a special ticket rate of \$5 thanks to the Westford Community Fund, a component of the Greater Lowell Community Foundation and the generosity of the Cummings Foundation. If you would like to attend this inspiring event tickets are twenty dollars which includes a complimentary book. Tickets may be purchase at the Roudenbush Community Center located at 234 Littleton Road, Suite 2G, Community Center, WCAT- 487 Groton Road and Cameron Senior Center, 20 Pleasant Street. However, we would like to request those who wish to attend to **please read the book prior to this event since Mr. Cummings enjoys having questions from the audience.**

**The Cameron Senior Center, Westford Business Association and Westford Rotary Club** are excited to sponsor this event. This will be an enriching experience so sign up quickly. A van shuttle

from the Cameron Senior Center will be provided if you would prefer to park your car and take a shuttle. The shuttle will start at 7AM please arrange your shuttle needs by calling 978-692-5523 donations are appreciated.

### Appliances and More Sale!

**Oct. 1-5, Daily: 9 am – 3 pm, Tu/Th: open til 8 pm**

Need a replacement iron, coffeemaker or office shredder? How about a throw rug, blanket or snuggie? The Friends of Cameron's week-long "Appliances & More" sale features a wide selection of new and used appliances, kitchen gadgets and cookware, lamps of all sorts, household linens for table, bed & bath, and more!

### Cameron participation in the Westford Family FunFest Fall / Halloween Festival

Friday, Oct 12 – Oct 31, 2018

The Westford Family FunFest\* invites 1<sup>st</sup> Annual Fall/Halloween Festival of Wreaths, and Creative Halloween/Fall Decorations including Artificial Pumpkins. The Festival will be held at the Westford Regency in their Atrium and Lobby halls/walls decorated with Fall/Halloween wreaths, creative Fall and Halloween Creative Decorations including Artificial Pumpkins.

If you would like to help on creating an artificial pumpkin and or Fall Halloween decoration (let's show our creativity) than join Katie and Jennifer in the library on **Friday, September 28<sup>th</sup> at 10AM**, please RSVP at the front desk.

The FREE Opening Reception Friday. Oct 12, 2018 from 6:00 – 8:00pm in the Regency Atrium decorated with Fall/Hal Music, light refreshments, viewing and voting on the wreaths and decorations will be offered.

**Special "wickedly scary decorated "van trip to a Senior lunch** and viewing of the Fall/Halloween Festival –Date TBA. Special rate for Westford's Spooktacular Seniors **call Katie for more details at 978-399-2330.**

**(Continued on next page)**

## Cameron Fall Happenings Continued...

### Cameron Crafters Club, Rotary Club and Wrap-A Smile team up

The Westford Rotary Club and the Cameron Senior Center Quilt Club has partnered with The Boothbay Harbor Rotary Club to support Wrap-A-Smile, a Rotary project which provides comfort quilts. Wrap-A-Smile provides quilts to individuals in any Rotary-sponsored project, with priority to children undergoing Rotary-sponsored Cleft Palate surgeries and some other types of surgery throughout the world.

This program is under the direction of Boothbay Harbor Rotary Club member Dr. Ann Demeranville, who lived in Westford for many years with her husband, Steven. Anne, currently manages the project which collects quilts made by quilters from all over the country.



*Pictured are a few of the many participating crafters including: Inge Berry, Gabriella DiPrizio, Pat Greenfield and Joyce Newton*

### COMMUNITY TEAMWORK SERIES- ALL welcome!

Come learn about Community Teamwork (also referred to as CTI), a non-profit community action agency which provides a wide range of programs, social services and advocacy to assist low income residents of Westford and surrounding towns. Representatives of their Resource Center, financial literacy and housing programs will be here at the Cameron to meet with interested residents monthly on the following dates: Wednesday October 17th 5:30-7:30 PM and Friday November 2nd 9-11AM. Stop in to meet with their staff.

### MONET ART WORKSHOP – 10/2 & 10/4, 5:30-7:30 PM

Join popular art instructor Priti Lathia for a 2-part workshop and learn to paint like the famous Monet. She will teach technique and tips in this fun, relaxed setting. The 2-night workshop is \$18. Be sure to sign up quick so you get a spot in the class. 978-692-5523.

### Help put Westford on the Map as Dementia Friendly

We are continuing work with Senior Helpers, Bridges, and the Westford Health Department to make the Town of Westford even more friendly for people living with dementia and their care partners. Our goal is to include all sectors of the Town-municipal, private businesses, religious organizations, AND people with dementia and care partners. We are currently in the process of creating a website to provide education, information about the initiative, and links to available resources. We are also offering a DEMENTIA FRIENDS training for Westford residents on November 14th. Our next planning meeting will be October 22nd at 4PM at Bridges. Please call Alison at 978-399-2325 if you'd like to attend or would like to be added to our email list.

### HOLIDAY BASKETS

The Cameron Senior Center will be partnering with SVdP Society of St. Catherine's Church and the Westford Food Pantry for the Westford Holiday Basket Program. This program serves Westford families and individuals who would like to cook a Thanksgiving or Christmas meal, and are facing a financial hardship. If you are interested in donating to the program, please contact Katie Russell at 978-399-2330. If you need food assistance for a Thanksgiving or Christmas meal, please call Alison Christopher, LICSW at 978-399-2325 to request a simple application. **Please note: The deadline for applications to be submitted is October 19<sup>th</sup> for both holidays.**